

Home Music Activities for Kids



Majority of the activities have been used in a classroom environment and seem to have a very positive outcome for children's interaction and their relationships. Always try the activities that fit your child in terms of capabilities and motivations, let them choose what activity THEY would like to do, and on top of everything have FUN.



Dance

As simple as it sounds.

Play some of your children's favourite songs and dance your heart out!

You can practice **turn taking** with this activity, by pausing the music or simply saying "FREEZE!". Everybody would have to stop dancing till the songs starts to play again or you till you say "GO" .

It is a mixture of having **fun together and learning social skills** in this easy day to day activity that will keep your children busy for hours.



Strike up the band

Gather up all the music-making instruments you can find! Don't have a piano or a drum at home? No worries, homemade instruments are always more fun. Pull out pots, pans, plastic bowls, empty milk cartons — whatever you have— and let your child use it as a drum kit with a wooden or plastic spoon.



Fill closed containers like sealable bowls/plastic bottles with pasta/rice and give them a shake. As fun as it sounds, your child can also learn **turn taking, copying or taking charge!** These activities will **improve their engagement during tasks.**



Drawing Music

Cue up different types of music on your device — pop, kids, classical, rock, etc. Give your child some paper and different coloured markers or crayons. Start the music and ask them to draw what they are hearing.

If they are having trouble, demonstrate. For example, with slower music, you might draw long, loping lines in a dark colour. With a faster tune, shorter, sharper angles using a brighter shade.

There's no wrong answer here, just what you feel. This will be amazing for your children's **creativity and communication.**



Clap

Clap or tap out your child's favourite nursery rhyme or song. You can do this whilst listening to the song or you can sing it! Observe their reaction. They might join in or try to clap too.

Try to sing one sentence and then "pause". Allow time for your child to respond by either eye contact, a clap or a sentence. Then carry on singing and keep their attention to the music.

They will improve **turn taking** and **their social communication**.



Music Mania

Bring out a variety of songs with a variety of tempos. Different genres might be useful. Ask your child to dance accordingly, encourage them to speed up if the music is fast and take it easy when the beat slows down.

Join in the fun, **model and show** your child how they should dance on the variety of songs. For instance slowly tip toe and spin like a ballerina during a ballad or do some jumping jacks while you play electronic music.

Take turns and see who can come up with the most interesting move for each song!

