



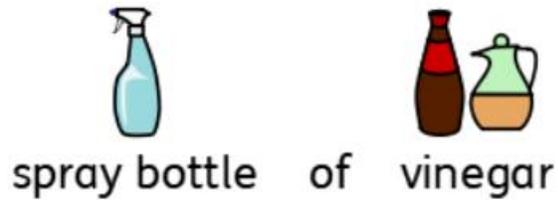
messy play



recipe book

HANDY TIP:

Powdered or oil based
food colouring is great
for this recipe.



fizzing



cloud



dough





modelling clay



HANDY TIP:

Cook in
saucepan, stir
until thick.

Allow to cool
before playing.

1



1

cup



baking soda



1/2 cup



cornflour



1 tablespoon



vegetable oil



1/2 cup



water



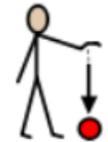
1/2 cup



cornflour

7

7



drops



essential oil

2

2



spoons

of



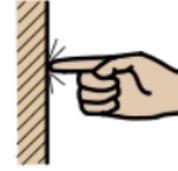
water



food colouring



crazy



hard

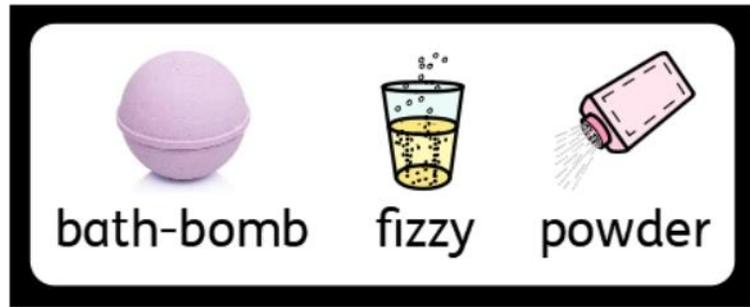


liquid

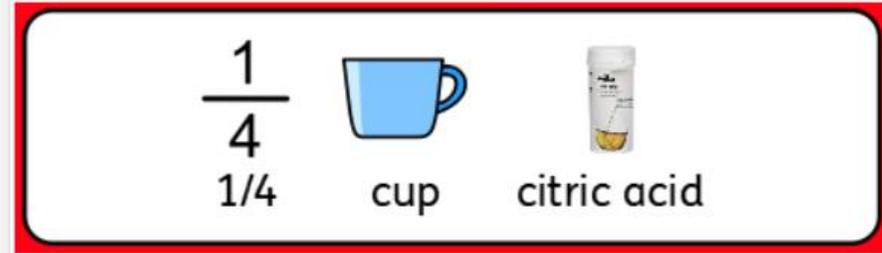


HANDY TIP:

Freeze in ice cube trays for sensory shower melts.



HANDY TIP:
Only use a tiny bit of water. Watch it
grow and grow!
Mould it into bath bombs for later.



HANDY TIP:
Citric acid can be
bought from Wilko,
Amazon or many local
corner stores.

1 +



1 and 1/2 cup cornflour

1/3



1/3 cup PVA glue



1 tablespoon white vinegar



1 teaspoon lotion



1 tablespoon oil



air



dry



clay

HANDY TIP:

Roll and cut
on top of
baking paper.

I am very
very sticky!!



HANDY TIP:

Add food colouring,
herbs or spices for
smell and style.



no cook



playdough

1



1 cup



flour

$\frac{1}{4}$



1/4

cup



salt



1 tablespoon



cream of tartar



1 tablespoon



vegetable oil

1



1 cup



boiling



water



(be careful!)

HANDY TIP:

Wait for the
dough to cool
before playing!

HANDY TIP:

Add glitter or
dried herbs for
extra sensory fun!



sand



foam

1



1 can

shaving foam

3



3

cups



sand



paint



pudding



slime

$\frac{1}{4}$
1/4



cup



instant pudding mix

1
1



cup



cornflour

$\frac{1}{3}$
1/3



cup



warm water

HANDY TIP:

Start with half the cornflour. Keep adding until you have the right texture.





moon



sand



1



1

cup



vegetable oil



gel food colouring

8



8

cups



flour

HANDY TIP:

Mix the food colouring
with the oil first to
keep the colour even.