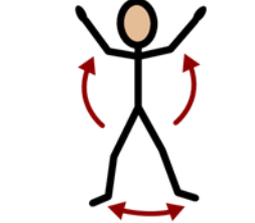
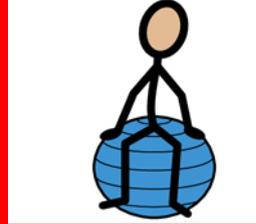
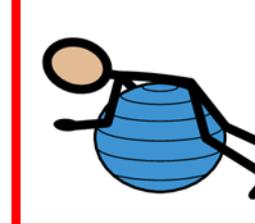
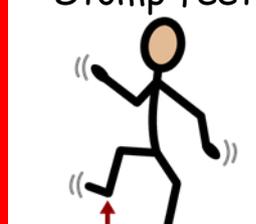
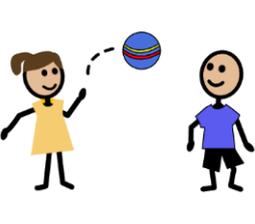
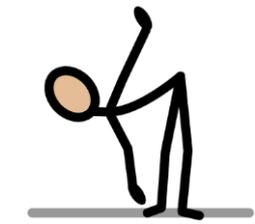
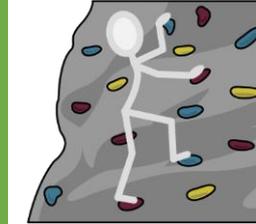
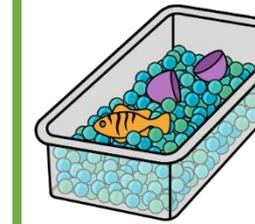
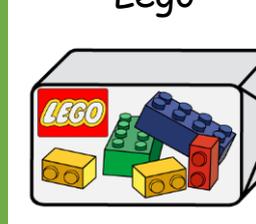
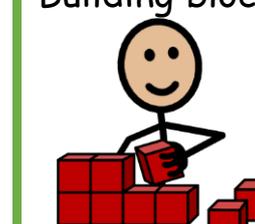


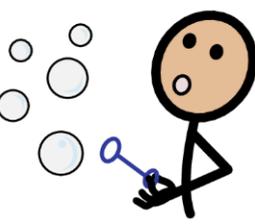
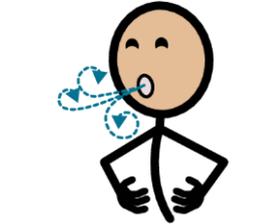
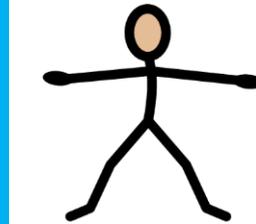
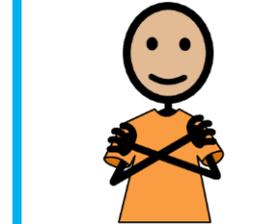
Alerting

<p>Jumping</p> 	<p>Star jumps</p> 	<p>Bounce on ball</p> 	<p>Roll on ball</p> 
<p>Go for walk</p> 	<p>Go for run</p> 	<p>Stomp feet</p> 	<p>Dance</p> 

Organising

<p>Catch</p> 	<p>Stretches</p> 	<p>Climbing wall</p> 	<p>Sensory tray</p> 
<p>Blow straw</p> 	<p>Puzzle</p> 	<p>Lego</p> 	<p>Building blocks</p> 

Calming

<p>Blow bubbles</p> 	<p>Deep breathing</p> 	<p>Stretch wide</p> 	<p>Bear hug</p> 
<p>Sensory bottle</p> 	<p>Oil timer</p> 	<p>Calm music</p> 	<p>Stretch high</p> 